

VETERANS AFFAIRS & REHABILITATION PATCH LEVEL 3

We assist and enhance the lives of those who have served our country

Level 3: Twelve (12) possibilities; Three* (3) activities are required; Six (6) activities are your choice. A total of Nine (9) must be completed from the Twelve (12) choices.

Number	Activity	Date	Adult Signature
*1	Send 15 greeting cards to hospitalized or ill veterans		
2	Research the USO or Fisher House and write an essay about one of the organizations; attach it to this form		
3	With help from a senior member or adult, plan a homecoming for veterans returning from overseas and their families		
4	With help from an adult, plan a canned food drive and donate what you collect to help homeless veterans in your area		
*5	Participate in the Veterans History Project; interview at least two female veterans in your area and preserve her story; send your project to the Library of Congress		
6	Become a VolunTeen in a VAVS facility		
*7	Write a letter to the American Legion Auxiliary National President and tell her why you appreciate our veterans		
8	Locate 5 families in your community who have a loved one serving overseas and present them with a Blue Star Banner; include a senior member and other Juniors in the presentation		
*9	Research the Creative Arts Festival and explain to your Junior group or Unit what it does for veterans		
10	Visit a veteran in a VA Hospital or home and ask them to share stories about serving our country; tell them why you appreciate them		
11	During National Volunteer Month (April) plan an event, with other Juniors, to recognize those who volunteer in your unit		
12	Keep a journal for 3 months about your experiences with visiting veterans and your observations and suggestions on how to help them in the future		

Name of Junior Member _____ Grade _____

Unit # _____ Department _____

Please mail Patches to (Department Junior Activities Chairman ONLY):